Healthy Behaviors, Healthier You! Face-to-Face Summit

REFRAMING BEHAVIOR: BUILDING EMPATHY, SKILL AND STRUCTURE IN EARLY LEARNING ENVIRONMENTS

This full-day, interactive workshop invites educators to explore their own beliefs, biases, and reactions to challenging behaviors, and helps reframe behavior through a developmental and trauma-informed lens. Grounded in the latest research, including insights from the ACEs study and neuroscience, participants will explore how early experiences shape behavior, how executive function skills develop, and how to intentionally teach and support these skills every day. Participants will leave with concrete, developmentally appropriate strategies for preventing and responding to behaviors in ways that build trust, regulation, and resilience.

SATURDAY, SEPT 20TH

8:30 - 4:00PM

FOUR POINTS BY SHERATON

5064 23RD AVE SOUTH; FARGO, ND 58104

FEE: \$30.00

CLICK HERE OR SCAN TO REGISTER!



Questions? Contact Child Care Aware® of ND <u>training@ndchildcare.org</u> **OR** Call 1-800-997-8518 (option 2)



