

## Restrictive Environments

- Limit time in restrictive equipment (exersaucers, swings, and bouncy chairs etc.) no more than 15 minutes two times per day
- AAP does NOT recommend the use of walkers
- Infants are not allowed to sleep in equipment
- Keep equipment on level ground (**NEVER** on an elevated surface)
- Safety straps should always be used and properly adjusted
- Car seats should only be used for transportation
- Highchairs should only be used for eating
- Children should **always** be within view of an adult
- Check the Consumer Product Safety Commission (CPSC) website [www.cpsc.gov](http://www.cpsc.gov), for recalls and alerts

