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Description automatically generated

**Special Dietary Needs**

North Dakota Early Child Care Century Code states that food supplied by child care operators must meet USDA standards. Special dietary needs must be considered when planning menus. If the meal pattern is changed for a child due to food allergies or parents’ preferences, it is recommended that a medical documentation for “special dietary needs” be on file. The food program can help you replace a food with a safe and nutritious substitution.

**Part A:** To be completed by parent/guardian

# Name of child: Date of Birth: Age: Parent(s) or Guardian(s) name:

**Emergency phone numbers:** Mother:

(See emergency contact information for alternate contacts if parents are unavailable)

Father:

# Signature of parent or guardian:

**Part B:** To be completed by health care provider or parent:

# Child’s diagnosis:

List acceptable alternative foods to be offered to this child:

# Restrictions Modifications / Substitutions

**Health care provider/parent name:**

Phone:

# Signature of health care provider/parent:

Date:

*Form provided by Child Care Aware® of North Dakota Health & Safety Specialists Revised 1/24*

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