



Emergency Supply Kit

Prepared by the Health and Safety Specialists of Child Care Aware® of North Dakota

It is best to prepare before a disaster happens by assembling the following supplies in advance.

	SHORT TERM EMERGENCY (Evacuation lasting up to 6 hours) <i>Pack listed supplies in a backpack</i>	72-HOUR EMERGENCY <i>Pack listed supplies in a sturdy, waterproof tote with wheels or garbage can with wheels</i>
Important Papers	<ul style="list-style-type: none"> • Emergency information on each child in a small notebook or on cards • Emergency plan and numbers • Care plans • Medical releases • Relocation site agreements and maps 	All short-term supplies PLUS <ul style="list-style-type: none"> • Emergency Transportation Permission
Water	<ul style="list-style-type: none"> • One-two gallons of water for every four children/staff 	<ul style="list-style-type: none"> • One gallon per person per day
Food Infant Formula Breastmilk	<ul style="list-style-type: none"> • Non-perishable food items (i.e.: granola bars, crackers, cereal, etc.). Do not include any items that any of the children are allergic to. • Formula /appropriate food for infants • Breastmilk stored in small cooler • Disposable cups, plates, utensils, bowls 	All short-term supplies PLUS <ul style="list-style-type: none"> • Extra formula/appropriate food for infants • Extra non-perishable food • Canned fruits and meat • Non-electric can opener
Clothing and Bedding	<ul style="list-style-type: none"> • Emergency blankets • Pair of work gloves 	All short-term supplies PLUS <ul style="list-style-type: none"> • Change of clothes per person, especially socks and underwear • Extra bedding/blankets • Emergency blankets one per person
First Aid	<ul style="list-style-type: none"> • Small first aid kit • Any needed medications (Epi-Pen, Insulin, etc.) for children with special needs 	<ul style="list-style-type: none"> • Large first aid kit • Any needed medications (Epi-Pen, Insulin, etc.) for children with special needs
Sanitation	<ul style="list-style-type: none"> • Diapers and wipes • Tissues • Toilet paper • Paper Towels • Hand sanitizer • Disinfecting wipes 	All short-term supplies PLUS <ul style="list-style-type: none"> • Extra diapers and wipes • 5-gallon plastic bucket with toilet seat • Large garbage bags/plastic bags of various sizes • Extra disinfecting wipes • Extra hand sanitizer • Extra paper products • Feminine supplies
Comfort and Safety	<ul style="list-style-type: none"> • At least one age appropriate play activity • Flashlight with batteries or crank-style • Paper and pen • Dust/filter masks (1 per person) • Towels • Utility knife or multi-tool • Teething rings/pacifiers • Walking rope • Duct tape and plastic sheeting for sheltering in place 	All short-term supplies PLUS <ul style="list-style-type: none"> • Additional age appropriate play activities to rotate • Glow sticks • Extra batteries for flashlights
Communication	<ul style="list-style-type: none"> • NOAA weather radio (battery or crank powered) • Charged cell phone, calling card, change for pay phone • Cell phone charger • Portable power pack 	All short-term supplies PLUS <ul style="list-style-type: none"> • Walkie-talkie • Non-electric phone • Signal/flare

___ Date supplies and keep an inventory

___ Yearly (preferably every six months):

- Rotate food, water and medical supplies
- Update important papers
- Check the sizes of clothes and age appropriateness of activities