

Let's Explore



Block Play

Discover what children learn during block play, how to talk to children about their block play, and ways to overcome the challenges of block play – including that pesky clean up time.



Nature

Explore the beauty and rich educational benefits of nature. Learn ways to create year-round nature experiences — even indoors.



Emotions: Feeling Frustrated

Are you and your children riding a roller coaster of emotions? Gain a new understanding of children's emotions, smooth out the highs and lows, and discover ways to encourage self-regulation.



Healthy Habits

Simple routines can deliver big results. Learn ways to encourage healthy habits, such as toothbrushing and handwashing, that reduce illness and improve wellness.



Infant & Toddler Play

Infants and toddlers learn best by exploring through all of their senses. Together we'll explore simple and inexpensive ways that help these eager explorers learn from the world around them.



Bringing Literacy to Life

The building blocks of literacy are all around us. Go beyond the page by using books and experiences to strengthen children's literacy skills.



Learn More and Sign Up
 Child Care Aware® - Let's Explore
 1616 Capitol Way
 Bismarck, ND 58501
 800-997-8515
www.ndchildcare.org

Introducing 6 exciting topics that will energize your child care program!

The Let's Explore opportunity will show you ways to maximize learning during daily activities and routines. Child Care Aware® of North Dakota's child care consultants are eager to come to your program (3 visits) to share tips, provide free materials and demonstrate ways you can incorporate fun learning time into any day without shattering your budget.

What topic do you want to explore?

The fastest and easiest way to express your interest in Let's Explore is to complete an online interest form at www.ndchildcare.org/info/explore.html

OR complete this form and mail to the Child Care Aware® address listed below left.

NAME _____

ADDRESS _____

CITY _____

COUNTY _____

PHONE _____

EMAIL _____

PROVIDER TYPE:

Family Group Self-Declared

Rank topics from 1 to 6 with 1 being your first choice. Maximize your learning by choosing topics that are unfamiliar, challenging, or new to you.

___ Block Play ___ Healthy Habits

___ Nature ___ Infant /Toddler

___ Emotions ___ Literacy