



## Standing Diapering Procedure

*Prepared by the Health & Safety Specialists at Child Care Aware® of North Dakota*

1. Assemble all supplies – clean diaper/pull-up, wipes, gloves, clean clothes (if needed), plastic bags (one for soiled clothing and one for soiled disposable items if no garbage is within reach). If possible, consider mounting adhesive hook(s) on the wall/stall to hang the bag(s) instead of placing the plastic bag(s) on the floor.
2. Take wipes out of container (will always need at least 3). One for child's bottom, one for your hands, one for child's hands. Leave container of wipes open and close by in case more wipes are needed.
3. Put on gloves. *Gloves are recommended, but not required.*
4. Ask child to hold up his/her clothing, so it is out of the way (this also helps keep the child's hands busy). Clothes pins also work to keep child's clothing out of the way.
5. If clothing is soiled, remove and place in bag. If pants need to be removed, it is best to remove child's shoes as well.
6. Remove diaper or pull-up. Rip at side to remove pull-up instead of pulling down legs. Place soiled diaper/pull-up directly into foot-operated covered garbage or in plastic bag.  
**\*\* Do not place soiled diaper/pull-up on the floor. If soiled items are placed on the floor, the floor needs to be disinfected.**
7. Wipe child's bottom with wipe(s). Wipe from front to back. Wipe even if diaper/pull-up is just wet. Throw soiled wipe(s) into covered garbage or in plastic bag. Remove gloves if worn and place into covered garbage or in plastic bag. Use one wipe to clean your hands.
8. If child isn't going to try to go on the toilet, give child wipe to clean his/her hands (wipe not needed if the child's hands have been out of the way the entire time). Place clean diaper/pull-up on child. Help the child put on his/her clothes.
9. If child sits on the toilet to try again, the child can use toilet paper to wipe him/herself. (If you wipe the child again - put gloves on, wipe child's bottom, remove gloves, and clean hands with wipe before handling clean diaper/pull-up or clothing). Place clean diaper/pull-up on child. Help child put on his/her clothes.  
**\*\* If you have children put on their own clean pull-up/clothes, place paper/towel/mat/pad on the floor as barrier to prevent contaminating the floor with their bare bottom. Launder towel after each use. Disinfect mat/pad after each use. If child sits directly on the floor with a bare bottom, the floor needs to be disinfected.**
10. Tie bag containing soiled diaper/pull-up, wipes, gloves, etc. and place in covered garbage can.
11. Have child wash his/her hands in the bathroom.
12. Wash your hands in the bathroom.
13. Tie bag containing soiled clothes and place out of reach of children.

**\*Follow this same procedure if a child has soiled underwear.**