

Financial Assistance

Options for Low-Income Children and Families



Self-Sufficiency & Job Placement Support

TANF



Temporary Assistance for Needy Families (TANF) program works to move low-income families from public assistance to self-sufficiency by providing cash assistance along with work readiness, training and job placement services.

Job Opportunities and Basic Skills (JOBS) Program is a companion program of TANF that focuses on work-readiness, training and job placement services. The North Dakota Department of Human Service contracts with Job Service North Dakota to provide these services to JOBS participants.

For information related to application for benefits, program eligibility, or an existing case, contact your local County Social Services Office, OR North Dakota Department of Human Service:

TANF / JOBS Programs
600 E Boulevard Dept 325
Bismarck ND 58505-0250

701-328-2332 | 800-755-2716 (ND Only) | ND Relay TTY: 800-366-6888 or 711
dhseap@nd.gov

Early Childhood Learning & Development Support



Head Start and Early Head Start provide free learning and development services to children ages birth to five and to pregnant women from low income families

ND Head Start Association
Head Start Center
1326 1st St N
 Fargo, ND 58102
(701) 237-6013
www.ndheadstart.com

Health Insurance and Disability Assistance



Healthy Steps/Children's Health Insurance Program (CHIP) provides health insurance coverage for children in families that earn too much to qualify for Medicaid, yet cannot afford to purchase coverage. It is available to uninsured children age 18 and younger who live in families with qualifying incomes. Single 18-year-olds with eligible incomes may also apply.

ND Department of Human Services
600 E Boulevard Dept 325
Bismarck ND 58505-0250
1-877-KIDSNOW (877-543-7669) | ND Relay TTY: 800-366-6888 or 711
EMAIL pahinsz@nd.gov or bjennings@nd.gov
WEB: <https://www.nd.gov/dhs/services/medicalserv/chip/>



Individuals with Disabilities Education Act (IDEA) governs how states and public agencies provide early intervention, special education and related services to more than 6.5 million eligible infants, toddlers, children and youth with disabilities.

North Dakota Department of Public Instruction
600 E Boulevard Dept 301
Bismarck ND 58505
701-328-4565 | FAX 701-328-2461
www.dpi@nd.gov

North Dakota State Support Service Providers



The North Dakota Department of Human Services administers the following public assistance programs:

- Basic Care Assistance
- Child Care Assistance
- Healthy Steps Children's Health Insurance
- Medicaid
- SNAP (Supplemental Nutrition Assistance Program - formerly food stamps)
- Temporary Assistance for Needy Families (TANF)

How to Apply for Assistance

Online

Go to <https://apps.nd.gov/dhs/ea/oasys/> to complete and submit an application online. The completed application will be directed to the appropriate county social service office.

In Person

Visit <http://www.nd.gov/dhs/info/pubs/application.html> to download and print the SFN 405 - Application for Assistance and then return it to your county social service office.

By Mail

Contact your county social service office and request that an application be mailed to you. Visit <http://www.nd.gov/dhs/locations/> to find contact information for the office in your county.

N.D. Department of Human Services
Children and Family Services Division
600 E Boulevard Avenue, Dept. 325
Bismarck ND 58505-0250
Phone: 701.328.2316
Fax: 701.328.3538
ND Relay Service: 1.800.366.6888
E-mail: dhscfs@nd.gov
www.nd.gov/dhs

This information can be made available in an alternative format. Please contact the Department.

Food and Nutrition Assistance



Supplemental Nutrition Assistance Program helps low-income North Dakotans meet their nutritional needs.

Economic Assistance Policy Division
Supplemental Nutrition Assistance Program
600 E Boulevard Dept 325
Bismarck ND 58505-0250

701-328-2332 | 800-755-2716 (ND Only) | ND Relay TTY: 800-366-6888
dhseap@nd.gov



Women, Infants and Children Program (WIC) is a federal nutrition program that offers healthy food for proper growth and development. Assistance is available statewide for pregnant and breastfeeding women, infants, and children younger than 5 years old.

Division of Nutrition and Physical Activity
600 E Boulevard Dept 301
Bismarck ND 58505-0200
701-328-2496 | 800-472-2286 | FAX 701-328-1412
www.ndhealth.gov/wic/



Child and Adult Care Food Program (CACFP) subsidizes food services to support the health and wellness of children and adults. Participating child care providers receive monthly reimbursement checks to help cover the cost of supplying nutritious meals and snacks to children and adults in their care.

North Dakota Department of Public Instruction
600 E Boulevard Dept 301
Bismarck ND 58505
701-328-4565 | FAX 701-328-2461

www.nd.gov/dpi/Administrators/ChildNutritionFoodDistribution/ChildAdultCareFoodProgram/

Home Heating Assistance



Low-Income Home Energy Assistance Program (LIHEAP) helps eligible low-income families partially pay the cost of natural gas, electricity, propane, fuel oil, coal, wood, or other fuel sources. The program also covers:

- Weatherization services (insulation, weather stripping doors and windows, etc.)
- Furnace cleaning, repair, and replacement
- Chimney cleaning and inspection
- Emergency assistance

Economic Assistance Policy Division / Low Income Home Energy Assistance Program
600 E Boulevard Dept 325
Bismarck ND 58505-0250

701-328-2332 | 800-755-2716 (ND Only) | ND Relay TTY: 800-366-6888 or 711
dhseap@nd.gov

