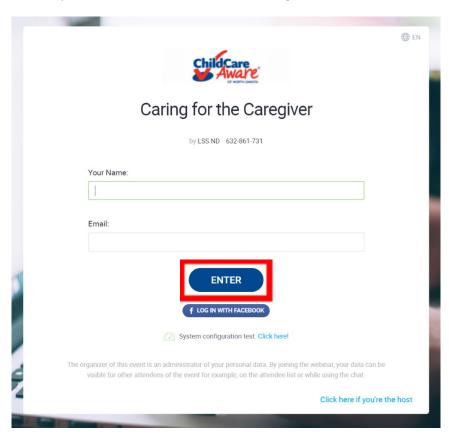
If you need technical support while participating in the training, please contact us at training@ndchildcare.org for immediate assistance. We will be monitoring email a half hour prior to the start of the training as well as for the duration of the training.

Tips for a Successful Virtual Training

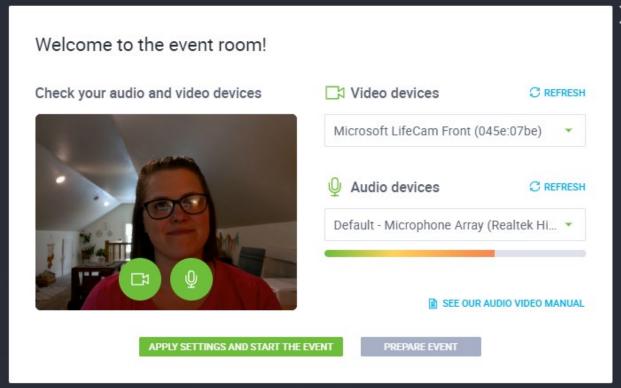
- Test your technology and check that everything functions properly prior to the event starting (including your speakers and internet connection).
- Try to participate from a quiet, distraction-free environment. If you choose to use video, sit in a place with a background that you do not mind others seeing.
- Give the training your full attention. It may be tempting to check your email or work on other tasks, but don't do it! You might miss out on key information or an opportunity to give input. If you're using video, use attentive body language: sit up straight don't make big movements, and don't let your eyes wander too much.

The link for the virtual training will be emailed to participants one business day prior to the training event. The training will open in your web browser. Enter your name and email address and click "Enter." You will wait in the Lobby until the instructor starts the training.



When you enter the training, you will be prompted to adjust your audio and video settings.
Please be sure to mute your audio. You are not required to turn your video on, but you may do so if you are comfortable.





• Please log in a few minutes early to ensure you are ready to begin promptly at 6:30 pm.

