The first five years of a child's life are filled with exciting milestones

Screen Early

Developmental screenings help your child learn, grow and strengthen skills that build upon one another.

What are developmental milestones?

Developmental milestones are skills or abilities that most children can typically do at specific ages. They include:

- Physical milestones, such as sitting up or crawling.
- Language milestones, such as learning to say "mama" or "dada."
- Social & emotional milestones, such as playing peek-a-boo and making friends.

What is a developmental screening?

A developmental screening is a quick and simple check of how your child is growing and developing. It is a time for you to ask questions about development and share information about your child.

When should my child be screened?

Earlier is better. The early childhood years from birth to the start of Kindergarten are an important time of rapid learning and growth.

It is never too early to schedule a developmental screening.

Who should I contact to set up a screening?

The chart below provides contact information based on your child's age and situation.

CHILD'S AGE	WHO TO CONTACT
Birth through 5 years old	The American Academy of Pediatrics recommends that children receive periodic developmental screenings during well-child visits. Contact your pediatrician or child's health care provider for more information.
Birth through 35 months	Right Track is a free screening program for all children in North Dakota, birth to three years old. A Right Track consultant can meet with you in the privacy of your home. More information is available at: http://www.nd.gov/dhs/services/disabilities/earlyintervention/ndicc/docs/right-track-broch.pdf 701-328-8930 or 800-755-8529
Birth through 6 years old	Child Care Providers can access free developmental screening tools through Child Care Aware® of North Dakota. Contact: inclusion@ndchildcare.org	800-997-8515
Birth through 21 years old and is eligible for Medicaid	Health Tracks pays for screenings, diagnosis, and treatment services to help prevent health problems from occurring or help keep health problems from becoming worse. More information is available at: https://www.nd.gov/dhs/services/medicalserv/health-tracks/ 701-355-1583
3 to 5 years old	Preschool Screening Programs are offered in each school district. Contact North Dakota Department of Public Instruction 701-328-2260	dpi@nd.gov

Screenings help your child stay on track >>

What will happen during my child's developmental screening?

Developmental screenings vary depending on the age of your child and reasons for screening.

You and/or their caregiver will be asked to share observations about how your child moves, plays and communicates. Your child's vision, hearing, height and weight may be measured and other milestone indicators will also be noted.

The important thing is to relax and let your child respond naturally in order to get the most accurate information from the screening.

What should I do if there are concerns about my child's development?

Getting a developmental screening is an important first step to see if your child is reaching developmental milestones. If concerns do surface, it means that more information and additional help may be needed.

If your child needs further assessment or assistance, **early intervention** services are available to help children reach their full potential and help you understand your child's development. Talk with the screening agency about referrals and next steps.

It is important to notice and celebrate the milestones children reach so they can get the best possible start on life.

Learn what to expect at every age

View developmental milestones at:
http://www.cdc.gov/ncbddd/actearly/

Visit **www.ndkids.org** to learn more