

Guidelines for Mixing Bleach Solutions for COVID-19

NOTE: The following are guidelines for recipes and contact time. It is recommended to follow the instructions listed on the bleach label.

Disinfectant

~ 1,000 ppm

Use for diaper area and hard surfaces

Needs surface contact for at least 1 minute

Amount of Water	Amount of Bleach Product by Concentration	
	5.25%-6.00%	8.25%
1 Gallon	5 Tablespoons (1/3 cup)	3 1/4 Tablespoons
1 Quart	4 teaspoons	2 1/2 teaspoons

Sanitizer

~ 100 ppm

Use for mouthed toys and food contact surfaces

Needs surface contact for 2 minutes. No rinse needed

Amount of Water	Amount of Bleach Product by Concentration	
	5.25%- 6.00%	8.25%
1 Gallon	1 Tablespoon	1 teaspoon
1 Quart	3/4 teaspoon	1/4 teaspoon

- Make bleach solution fresh daily in a cloudy plastic container
- Always use regular, non-scented bleach
- Test after mixing using test strips to ensure appropriate concentration
- Date gallon bleach bottles when opened, use within 6 months
- Store bleach, bleach solution, and all chemicals safely out of reach of children

NEVER MIX bleach with anything other than water.

Contact Child Care Aware® of North Dakota for information about using these guidelines in a child care setting.

Sarah Myers
800-997-8515 or 701-476-6854
sarahm@ndchildcare.org

Tammy Olson
800-997-8515 or 701-425-6731
tammy@ndchildcare.org

Read the container label to determine bleach strength. Bleach strength is determined by the percentage of the active ingredient which in bleach is sodium hypochlorite. Active ingredients may be listed in a similar manner to the examples below showing the percent of sodium hypochlorite in a container of bleach.

Active Ingredients
Sodium Hypochlorite.... 5.25%
Other Ingredients..... 94.75%
Total 100%

Active Ingredients
Sodium Hypochlorite.... 8.25%
Other Ingredients..... 91.75%
Total 100%