



Family Child Care Career Pathways Planning Guide January - June 2021

How to use this guide

This guide identifies courses that will help you advance through the [Growing Futures Career Pathways](#). Courses listed in this guide are specific to early educators **working in a family child care setting***. All courses listed in this guide are sponsored by Child Care Aware® of North Dakota and are Growing Futures-approved. **All courses are available at no cost through June 30, 2021.** **Separate planning guides are available for those working with infants and toddlers or preschoolers in a child care facility.*

- 1 Choose the Career Category you want to achieve.
- 2 Choose the courses within that category to complete the required number of hours.
- 3 Learn more about each training and register by visiting ndgrowingfutures.org.

Training Delivery Methods		
	Face-to-Face	These in-person training events give you the opportunity to interact with leading experts in the early care and education field as they present the latest trends, research and hot topics.
	Online, Self-Paced	These online, self-study courses are available 24/7 and include an instructor-graded evidence of learning questions where you apply the skills and knowledge you learned throughout the course.
	Online, Instructor-Led	These online courses include weekly chat sessions, message board postings, as well as reading and writing assignments.

Career Category	North Dakota Core Competency	CDA Subject Area	
	Completion of 15 hours of basic child care required for placement	CDA1	Planning a safe and healthy learning environment
	Health, Safety and Nutrition	CDA2	Advancing children's physical and intellectual development
	Learning Environment and Curriculum	CDA3	Supporting children's social and emotional development
	Child Growth and Development	CDA4	Building productive relationships with families
	Assessment and Planning for Individual Needs	CDA5	Managing an effective program
	Interactions with Children	CDA6	Maintaining a commitment to professionalism
	Families and Communities	CDA7	Observing and recording children's behavior
	Program Planning and Evaluation	CDA8	Understanding principles of child development and learning
	Professional Development and Leadership		

CAREER CATEGORY A

Prerequisites

- Minimum of a high school diploma or GED
- Current CPR/1st Aid
- At least 18 years of age

Requirements

15 hour basic child care course

Course	Clock Hours	Subject Area	Delivery Method	Completed
Getting Started	15	CDA1		

**CATEGORY A TOTAL
CLOCK HOURS
COMPLETED:** _____

CAREER CATEGORY B

Prerequisites

All of Category A

Requirements

Completion of at least **25 additional hours** in the following Competency areas with a minimum of 10 hours in each:

- **Learning Environment and Curriculum**
- **Health, Safety and Nutrition**

Learning Environment and Curriculum ***More training being developed*

Course	Clock Hours	Subject Area	Delivery Method	Completed
Effective Indoor Environments	3	CDA1		
Effective Outdoor Environments	2	CDA1		
Schedules, Routines & Transitions	2	CDA1		

Health, Safety and Nutrition ***More training being developed*

Course	Clock Hours	Subject Area	Delivery Method	Completed
Big Body Play	2	CDA1		
Family Style Dining	2	CDA1		
Special Health Care Needs	3	CDA1		
Supervision	2	CDA1		

**CATEGORY B TOTAL
CLOCK HOURS
COMPLETED:** _____

CAREER CATEGORY C

Prerequisites

All of Categories A and B

Requirements

Completion of at least **40 additional hours** in the following Competency areas with a minimum of 10 hours in each:

- **Child Growth and Development**
- **Assessment and Planning for Individual Needs**
- **Interactions with Children**

CATEGORY C TOTAL CLOCK HOURS COMPLETED: _____

Child Growth and Development ***More training being developed*

Course	Clock Hours	Subject Area	Delivery Method	Completed
Powerful Play	2	CDA8		

Assessment and Planning for Individual Needs

Course	Clock Hours	Subject Area	Delivery Method	Completed
Individualization and Planning	3	CDA7		
Observing Young Children	3	CDA7		
Understanding Stress and Trauma in Young Children	4	CDA7		

Interactions with Children

Course	Clock Hours	Subject Area	Delivery Method	Completed
Guiding Behavior: 10 Steps to Positive Discipline	8	CDA3		
Inclusion	2	CDA3		

CAREER CATEGORY D

Prerequisites

All of Categories A, B and C

Requirements

Completion of at least **40 additional hours** in the following Competency areas with a minimum of 10 hours in each:

- **Families and Communities**
- **Program Planning and Evaluation**
- **Professional Development and Leadership**

CATEGORY D TOTAL CLOCK HOURS COMPLETED: _____

Families and Communities ***More training being developed*

Course	Clock Hours	Subject Area	Delivery Method	Completed
Cultural Sensitivity and Diversity	4	CDA4		

Program Planning and Evaluation

Course	Clock Hours	Subject Area	Delivery Method	Completed
Family Child Care Business	10	CDA5		
Setting Effective Goals (formerly Continuous Quality Improvement)	5	CDA5		

Professional Development and Leadership ***More training being developed*

Course	Clock Hours	Subject Area	Delivery Method	Completed
Developmentally Appropriate Practice	3	CDA6		