



Standing Diapering Procedure

Prepared by the Health Consultant Team at Child Care Aware® of North Dakota

1. Wash hands and assemble all supplies – clean diaper/pull-up, wipes, gloves, clothes pins, clean clothes (if needed). Hang bag for soiled clothes on a hook (3M adhesive hooks work great) on the wall/stall instead of placing bag on the floor. Hang bags for soiled diapers/pull-ups, wipes, gloves, etc. if no garbage available.
2. Take wipes out of container (will always need at least 3). One for child's bottom, one for staff member's hands, one for child's hands. Leave container of wipes open and close by in case more wipes are needed.
3. Put on gloves.
4. Pin up child's clothing with plastic clothes pins or have child hold up clothing, so the clothing is out of the way (having the child hold up clothing helps keep the child's hands busy).
5. If clothing is soiled, remove and place in bag hanging on hook. If pants need to be removed, it is best to remove child's shoes as well.
6. Remove diaper or pull-up. Rip at side to remove pull-up instead of pulling down legs. Place soiled diaper/pull-up directly into foot-operated covered garbage or in plastic bag.
**** Do not place soiled diaper/pull-up on the floor.**
7. Wipe child's bottom with wipe(s). Wipe from front to back. Wipe even if diaper/pull-up is just wet. Throw soiled wipe(s) into covered garbage or in plastic bag. Remove gloves and throw into covered garbage or in plastic bag. Staff member should use one wipe to clean his/her hands.
8. If child isn't going to try to go on the toilet, give child wipe to clean his/her hands (wipe not needed if the child's hands have been out of the way the whole time). Place clean diaper/pull-up on child. Help the child put on his/her clothes.
9. If child sits on the toilet to try again, the child can use toilet paper to wipe him/herself. (If you wipe the child again - put gloves on, wipe child's bottom, remove gloves, and clean hands with wipe before handling clean diaper/pull-up or clothing). Place clean diaper/pull-up on child. Help child put on his/her clothes.

**** If you have children put on their own clean pull-up/clothes, place paper on the floor as a barrier to prevent contaminating the floor with their bare bottom.**
10. Tie bag containing soiled diaper/pull-up, wipes, gloves, etc. and place in covered garbage can.
11. Have child wash his/her hands in the bathroom.
12. Staff member washes his/her hands in the bathroom.
13. Tie bag containing soiled clothes and place out of reach of children.