



Special Dietary Needs

Prepared by the Health Consultant Team at Child Care Aware® of North Dakota

North Dakota Early Child Care Century Code states that food supplied by child care operators must meet USDA standards. Special dietary needs must be considered when planning menus. If the meal pattern is changed for a child due to food allergies, it is recommended that a medical documentation for “special dietary needs” be on file. The child care health consultant or food program can help you replace a food with a safe and nutritious substitution.

Part A: To be completed by parent/custodian

Name of child: _____ **Date of Birth:** _____ **Age:** _____

Parent(s) or Guardian(s) name: _____

Emergency phone numbers: Mother: _____ Father: _____

(See emergency contact information for alternate contacts if parents are unavailable)

Signature of parent or guardian: _____

Part B: To be completed by health care provider.

Child’s diagnosis: _____

List acceptable alternative foods to be offered to this child:

Restrictions

Modifications / Substitutions

Health care provider’s name:

_____ Phone: _____

Signature of health care provider:

_____ Date: _____